全品
— SINCE 1992 —

教育图书 功能学具 学生之家

基础教育行业专研品牌

30+年专注教育行业

全品学练考

主编 肖德好

练习册

高中英语7

北京专版

选择性必修第四册 BS

天津出版传媒集团
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天津出版传媒集团

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01 培养核心素养，探究主题意义

Unit 10 CONNECTIONS

主题素养积累

Many people expect that their friends will always be there. They expect friendships to last forever. Yet, friendships end and friends **part company** every day. Unfortunately, even the best **maintained** friendships can end.

Many friendships end because of a change in personality or lifestyle when friends just drift apart and **fade away** with time. The friendship slowly loses importance and finally disappears.

Sue said, "The end of our friendship was a gradual thing. I moved from one side of the metropolis to the other. We had over an hour's drive to see each other. For a year or so, we met less and less. Then our friendship ended." John wrote, "**I didn't even know the friendship was over until I caught myself thinking of Alan as a former friend.**"

Other friendships **break up** suddenly from a disagreement or a move to another town.

Paul said, "When I moved to Seattle after college, our friendship abruptly died. We were both **struggling with** new jobs and didn't **keep in touch**. Now that friendship was so dead, I didn't even call him when I went home."

Yet the biggest threat to a friendship is change. **Regardless of why, when, or how friendships end, there is always some pain of loss. When nothing can be done to mend the friendship, it is important to feel the pain fully.** Then move on to **enhance** another friendship or build entirely new friendships.

【主题词句背诵】

1. part company (with/from sb)离开；分手；断绝关系
2. maintain *v*.保持，维持
3. fade away 逐渐消失
4. catch sb doing sth 发觉/当场发现某人正在做某事
5. think of...as...把……看作……
6. break up 关系破裂
7. struggle with 与……做斗争
8. keep in touch 保持联系
9. enhance *v*.增进；提高；增强
10. I didn't even know the friendship was over **until I caught myself thinking of Alan as a former friend**.
直到我发觉自己把艾伦看作以前的朋友，我才知道这段友谊已经结束了。
11. **Regardless of why, when, or how friendships end**, there is always some pain of loss.

02 夯实语言基础，搭建知识框架

词汇点睛

1. disturb *vt*.干扰，打扰，使中断
(教材 P109) Basically, they were making too much noise in their flat in the evenings and it was really **disturbing** us.
基本上，他们晚上在公寓里制造了太多的噪声，这真的让我们很烦恼。

(1)disturbing *adj*. 令人不安的，引起烦恼的
(2)disturbed *adj*. 有精神病的，精神紊乱的；心神不安的，心烦意乱的，烦恼的
be disturbed by/about/at... 对……感到忧虑/不安
be disturbed to hear that/hear of...

句型透视

1. (教材 P8) **"Six Degrees of Separation" refers to the theory that any person on Earth can be connected to any other person through a chain of no more than five other people.**
"六度分隔"理论说的是地球上任何人都可通过不超过另外五个人与一个陌生人联系起来。

句型公式
同位语从句

【句式点拨】
that 引导同位语从句，作名词 theory 的同位语。

【归纳拓展】
that 引导同位语从句时，在从句中不充当成分，只起连接作用。可以跟同位语从句的名词通常有

03 多维度设置练习，精选语篇，针对有效

课内基础巩固

Ⅰ 单词拼写(每小题1分，满分4分)

1. Moving on to the second question about the noise in the _____(食堂)，over a quarter of the students thought it was too noisy.
2. In the 1940s，the population inside cities grew rapidly and American families started to move into some _____(郊区).
3. He rarely tells people off，preferring to resolve c_____ through open communication and understanding.
4. A smile shows you are attentive to the issues you are discussing，while looking away with your arms folded can indicate disinterest and create distrust or cause f_____.

Ⅱ 单句填空(每小题1.5分，满分9分)

1. She had a small _____(disagree)
6. The guard stopped the loud _____(disturb) at once so visitors could enjoy artworks inside the quiet city gallery.

Ⅲ 短语填空(每小题2分，满分8分)

1. If you _____(制造噪声) in the library，you will disturb the readers around you who need a peaceful environment to focus on their reading.
2. Fiona _____(闲逛) with friends when she suddenly heard someone calling out for help.
3. Today we're going to _____(找出) about some of the Louvre's most amazing treasures. Here we go!
4. I expected every wave to eat us up and every time the ship dived down into the

课后素养提升

Ⅴ 语法填空(每小题1.5分，满分15分)

[2025·北京东城高二期末]

A

Our library had a "Music in the Lobby" day and I registered to play old-time piano tunes. An elderly gentleman and his granddaughter stopped 1._____(listen). Noticing he was unable to stand，I patted the bench alongside me and he took a seat 2._____(slow). When I played the song *Strangers in the Night*，he began to sing. An audience gathered as the man accompanied me throughout the performance. At the end，he 3._____(give) a round of applause. As the man left，his granddaughter whispered in my ear. "My grandpa has not sung a word since Grandma human past，we appreciate who we are and 9._____ we came from. Accordingly，by studying the past，we can inform our decisions about the future. Therefore，archaeology's potential for educating more intelligent，global 10._____(citizen) is considerable. In classrooms，learning about archaeology helps students improve various skills across many disciplines and develop a sensitivity to other people and diverse cultures.

Ⅵ 阅读理解(每小题2分，满分8分)

[2026·北京海淀高二期末]

I remember the day during our first week of class when we were informed about our semester(学期) project of volunteering at a non-profit organization. When the teacher

04 重视写作，熟练高考写作题型

Ⅵ 阅读表达(共4小题；第1、2题各2分，第3题3分，第4题5分，共12分)

[2025·北京北师大实验中学高二月考]

阅读下面短文，根据题目要求用英文回答问题。

In order to fit in and make friends in a new school，Amanda observed how her classmates behaved and interacted with each other. Gradually，she perfectly adopted the mannerisms of the classmates around her，laughing at their jokes，nodding in agreement with their opinions，hiding herself into someone she thought others

Ⅶ 书面表达(20分)

[2025·北京石景山高二期末]

假设你是红星中学高三学生李华。你的外国好友Jim正在策划一次以"Volunteer Work"为主题的社团活动，他发来邮件询问你的建议。请你用英文给他回复，内容包括：

1. 活动形式；
2. 活动内容。

注意：1. 词数100左右；

2. 开头和结尾已给出，不计入总词数。

Dear Jim，

_____

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Unit 10 CONNECTIONS

★ 提示：加底纹词汇为复现词汇

Period One Topic Talk

课内基础巩固

Ⅰ 单词拼写(每小题 1 分,满分 4 分)

1. Moving on to the second question about the noise in the _____(食堂), over a quarter of the students thought it was too noisy.
2. In the 1940s, the population inside cities grew rapidly and American families started to move into some _____(郊区).
3. He rarely tells people off, preferring to resolve c_____ through open communication and understanding.
4. A smile shows you are attentive to the issues you are discussing, while looking away with your arms folded can indicate disinterest and create distrust or cause f_____.

Ⅱ 单句填空(每小题 1.5 分,满分 9 分)

1. She had a small _____(disagree) with the cashier and left the grocery store without buying the daily food she planned to take home.
2. Joe was _____(envy) of his brother's talent for music, wishing he could play the guitar as skilfully as him.
3. Experts agree that timely _____ (intervene), supported by professional teams, will truly prevent the crisis from getting worse quickly.
4. He offered a sincere _____(apologise) for cutting in line and waited patiently inside the community clinic for his regular health check.
5. Coach's constant _____ (encourage), full of trust, pushed the young athlete to break the final race record.
6. The guard stopped the loud _____ (disturb) at once so visitors could enjoy artworks inside the quiet city gallery.

Ⅲ 短语填空(每小题 2 分,满分 8 分)

1. If you _____(制造噪声) in the library, you will disturb the readers around you who need a peaceful environment to focus on their reading.
2. Fiona _____(闲逛) with friends when she suddenly heard someone calling out for help.
3. Today we're going to _____(找出) about some of the Louvre's most amazing treasures. Here we go!
4. I expected every wave to eat us up and every time the ship dived down into the depths of the waves, I thought we would never _____(出现) again.

Ⅳ 句型训练(每小题 3 分,满分 6 分)

1. The reason is _____ _____ _____.(表语从句)
   原因是我想邀请你在 5 月 20 日参加我的高中毕业典礼。
2. We were divided into several groups _____ _____, some cleaning the community, picking up rubbish and tidying public areas, others helping the elderly living alone do housework and chatting with them.(不定式作目的状语)
   我们被分成若干小组完成不同任务:一部分人清扫社区、捡拾垃圾、整理公共区域,另一部分人帮独居老人做家务并陪他们聊天。

课后素养提升

Ⅴ 语法填空(每小题1.5分,满分15分)

[2025·北京东城高二期末]

A

Our library had a "Music in the Lobby" day and I registered to play old-time piano tunes. An elderly gentleman and his granddaughter stopped 1. _____(listen). Noticing he was unable to stand, I patted the bench alongside me and he took a seat 2. _____(slow). When I played the song *Strangers in the Night*, he began to sing. An audience gathered as the man accompanied me throughout the performance. At the end, he 3. _____(give) a round of applause. As the man left, his granddaughter whispered in my ear. "My grandpa has not sung a word since Grandma passed away," she said. "Thank you for giving him his voice back."

B

Since reducing meat and dairy can help with our planet's climate, Brigham and Women's Faulkner Hospital is pioneering a strategy to get people to consume more plant-based food. Through research, the hospital has found that the foods 4. _____(label) "vegetarian" tend to attract only a certain group of the hospital's patients 5. _____ have dietary restrictions. So they stopped mentioning "vegetarian" in the name of any dishes. So far, Faulkner Hospital 6. _____(see) a 2.2% decrease in total carbon emissions per calorie. What's more, vegetarian diets have helped diversify the patients' diets, 7. _____(increase) their intake of healthful fibre, vitamins, and other micronutrients.

C

If archaeologists (考古学家) are asked why their work is important, they are most likely to respond that it is 8. _____ the same reasons that history is valued. By knowing our human past, we appreciate who we are and 9. _____ we came from. Accordingly, by studying the past, we can inform our decisions about the future. Therefore, archaeology's potential for educating more intelligent, global 10. _____(citizen) is considerable. In classrooms, learning about archaeology helps students improve various skills across many disciplines and develop a sensitivity to other people and diverse cultures.

Ⅵ 阅读理解(每小题2分,满分8分)

[2026·北京海淀高二期末]

I remember the day during our first week of class when we were informed about our semester (学期) project of volunteering at a non-profit organization. When the teacher introduced us to the different organizations that needed our help, my last choice was Operation Iraqi Children (OIC). My first impression of the organization was that it was not going to make enough of a difference with the plans I had in mind.

Then, an OIC representative gave us some details, which somewhat interested me. After doing some research, I believed that we could really do something for those kids. When I visited the OIC website, I saw pictures of the Iraqi children. Their faces were so powerful in sending a message of their despair (绝望) and need that I joined this project without hesitation. We decided to collect as many school supplies as possible, and make them into kits—one kit, one child.

The most rewarding day for our group was the project day, when all the efforts we put into collecting the items finally came together. When I saw the various supplies we had collected, it hit me that every kit we were to build that day would eventually be in the hands of an Iraqi child. Over the past four months, I had never

imagined how I would feel once our project was completed. While making the kits, I realized that I had lost sight of the true meaning behind it. I had only focused on the fact that it was another school project and one I wanted to get a good grade on. When the kits were completed and ready to be sent overseas, the warm feeling I had was one I would never forget.

In the beginning, I dared myself to make a difference in the life of another person. Now that our project is over, I realize that I have affected not only one life, but ten. With our efforts, ten young boys and girls will now be able to further their education.

( )**1**. How did the author feel about joining the OIC project in the beginning?
A. It would affect his initial plans.
B. It would involve travelling overseas.
C. It would not bring him a good grade.
D. It would not live up to his expectations.

( )**2**. What mainly helped the author change his attitude towards the project?
A. Images of Iraqi children.
B. Research by his classmates.
C. A teacher's introduction.
D. A representative's comments.

( )**3**. The author's OIC project group would help ten Iraqi children to _____.
A. become OIC volunteers
B. further their education
C. study in foreign countries
D. influence other children

( )**4**. What can we conclude from this passage?
A. One's potential cannot always be underrated.
B. First impression cannot always be trusted.
C. Actions speak louder than words.
D. He who hesitates is lost.

Ⅵ 阅读七选五(每小题2分,满分10分)

Every year, Tyler VanderWeele chooses a six-week period to do things for others that might ordinarily seem too inconvenient. 1. _____ He might give a friend an unexpected gift, invite someone out for coffee, set aside time at work to support a colleague, or bring a family member's favourite food to the dinner table.

2. _____ Such acts of kindness can not only make the giver and recipient feel good, but they can also promote our psychological and physical health in surprising ways. There's convincing evidence that kindness is linked with a number of aspects of health and well-being. Some studies have indicated it can improve happiness and a sense of engagement with life and reduce symptoms of anxiety. 3. _____ An international trial suggested that kindness decreases social isolation and loneliness, which are increasingly linked to a variety of negative health effects. There's growing research suggesting that our bodies benefit too, with kindness associated with lower blood pressure and stress levels.

And focused efforts matter. 4. _____ Performing five selfless acts on a single day each week for six weeks, as VanderWeele does, benefits more than spreading them over the course of a week. For instance, consistent volunteerism, a form of sustained kindness, is connected with living longer and functioning better as we age.

But is kindness born or made? How can kindness be developed? It may be more challenging for some, but reflecting on times when others have been kind to you can create more kindness. Pick one day a week for six straight weeks to do five kind things. 5. _____

A. His good deeds are many and varied.
B. That person goes on to act more kindly.
C. Over time, you can become a kinder person.
D. It also increases a sense of social connectedness.
E. You may believe yourself to be a very kind person.
F. These examples are more than just random displays of generosity.
G. Concentrating on kind gestures enhances well-being more powerfully.

班级
姓名
题号 答题区
阅读理解
1
2
3
4
七选五
1
2
3
4
5

Period Two　Lesson 1 How Closely Connected Are We?(Reading)

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分4分)

1. First of all, begin by learning simple greetings and commonly used _____(短语), which will help you communicate with the locals.
2. She could hardly contain herself for joy when she opened this _____(包裹).
3. Our club _____(发布) a bimonthly magazine so members could read fun stories and share warm ideas with friends across the whole school campus.
4. We fastened strong iron c_____ around the gate to keep wild animals out and protect the safety of villagers in the remote mountain village.

Ⅱ 单句填空(每小题1.5分,满分9分)

1. The book has helped me greatly in my daily communication, especially at work where a good _____(impress) is a must.
2. Last month, our community held a charity event where volunteers _____(random) gave out small gifts to people passing by.
3. We often have a small _____(theory) disagreement when discussing how to solve difficult maths problems in our study group.
4. My active _____(involve) in charity initiatives has deepened my awareness of social duty and shaped my mature view towards public welfare service.
5. The online store offers fast grocery _____(deliver) so customers can receive fresh food without stepping out of their houses.
6. Prior to the Sui and Tang dynasties, Chinese poems were _____(basic) written for singing.

Ⅲ 短语填空(每小题2分,满分10分)

1. For him the term _____(指的是) routes where the booming trade in silk products was carried out along their entire length.
2. _____(事实上), constant encouragement from teachers pushes us to overcome setbacks and keep moving forward bravely in tough learning journeys.
3. Engineers who worked on the project _____ _____(做出尝试) to renew the endangered habitats and protect local wildlife.
4. We live _____(只是,仅仅,不超过) ten minutes' ride from the quiet suburb that offers fresh air and peaceful living for local residents.
5. There is a famous saying _____(基于……,以……为基础) the philosophy of Aristotle: "We are what we repeatedly do."

Ⅳ 句型训练(每小题3分,满分6分)

1. We shouldn't turn a blind eye to the fact _____ _____.(同位语从句)
这个城市的空气已被严重污染,我们不应该对这一事实视而不见。
2. _____ while tourism brings in money for the local economy, it may also bring some problems.(形式主语)
人们意识到旅游业在给当地经济带来收益的同时,也可能会带来一些问题。

课后素养提升

Ⅴ 语法填空(每小题 1.5 分,满分 15 分)

[2025·北京通州高二期末]

A

I used to look up to celebrities when I was growing up, and many of them were my role models. But, as I 1. _____(get) older, I realized that my favourite personality is right in front of me—my father, with whom I live, eat and sleep. So far, I 2. _____(realize) that you don't have to be super famous to have a great personality. You can be an ordinary person. He makes us feel 3. _____(equal) important and takes the advice of every one of us, regardless of age.

B

Plastics are a part of 4. _____(we) everyday lives, and plastic pollution is a growing concern. When plastics break down over time, they can form smaller particles called microplastics, 5. _____ in turn can break down into even smaller pieces called nanoplastics. Unable to be seen with the naked eye, these plastic particles are small enough 6. _____(enter) the human body's cells and tissues. But the potential health effects of these tiny plastic bits are still unproven and 7. _____(know).

C

The Lake Poets were a group of English poets who all lived in the Lake District of England 8. _____ the early 19th century. As a group, they followed no single "school" of thought. The first of the poets to come there was Robert Southey, one of the most respected poets of his time. 9. _____(attract) both by its natural beauty and a desire to be near these famous poets, other poets came to live in the Lake District, and soon all of these poets 10. _____(see) as part of the Romantic Movement.

Ⅵ 阅读七选五(每小题 2 分,满分 10 分)

[2026·北京顺义牛栏山第一中学高二期末]

Do you often worry about what others think of you? Maybe you stress over your clothes, fear saying something silly at a party, or feel troubled by friends' judgements after a mistake. If yes, you're not alone.

Many people struggle with the fear of being judged by others. Early humans relied on groups for survival—fitting in with groups to share resources like food and tools, boosting their chances of living. 1. _____

Being part of social groups (family, friends, teams) brings a sense of belonging, so wanting to be liked is normal. 2. _____ These incidents can remain in our minds, making us relive the embarrassment and overthink others' reactions.

3. _____ Psycho-educator Mylène Foisy explains that feeling stressed about others' judgements—especially when our ego (自我价值感) is threatened—is human at any age. But there are times when anxiety is increased. Research from Harvard University shows teenagers feel more nervous or embarrassed when they think others are watching, compared to younger kids and older adults.

Fortunately, there are ways to cope with this anxiety. One trick is to be kind to others. 4. _____ And it allows you to worry less about what people think of you as you know they primarily regard you as a kind person.

Don't forget that it's important to be kind to yourself as well. 5. _____ In reality,

however, others will link positive characters with you that you've never even thought of before. It's important to consider that no one is perfect and that everyone makes mistakes. By knowing your own strengths and limits, you may feel less threatened by what others think about you. After all, the only opinions about you that truly matter are your own.

A. It encourages others to be less critical of friends.

B. Why do young people care more about others' opinions?

C. Embarrassing moments can make us feel ashamed for a long time.

D. When you don't feel anxious anymore, you can gain more confidence.

E. This ability to socialize and value group acceptance has been important since then.

F. When you're feeling weak, it's easy to assume that people think the worst of you.

G. Yet we all face awkward moments like calling out the wrong answer, or being late.

Ⅵ 完形填空(每小题1.5分,满分15分)

[2026·北京海淀高二期末]

A school bus driver returned to college to become a high school history teacher, thanks to some __1__ students.

Clayton Ward was a history lover, and as such, __2__ the time he'd spend chatting with students about their history classes as he __3__ them to and from school.

"After several of these discussions, some of the students would tell me they wanted me to be their __4__," he said. "That small mention from those kids... it __5__ me and gave me the motivation to complete a goal I had started years ago."

__6__, Ward went to college after his high school graduation; but after a year, he had to leave and soon started driving buses. But he still valued __7__, and talking with the students on the bus route renewed his sense of passion for expanding and teaching young minds.

Ward enrolled (注册) at a community college in May 2019, and __8__ to take his classes full-time while also still driving his bus.

"It wasn't always __9__. I would drive my route in the morning and afternoon, take classes in between shifts and take night classes," he said. "I would think of those students and all the years I wanted to make this happen, and it helped me focus my energy."

"You wouldn't think that kids can do something like that, to give me the __10__ and ambition to go back to school," Ward said. "It's kind of crazy that such a small thing can make such an impact on your life."

( )**1**. A. energetic B. supportive C. considerate D. generous

( )**2**. A. enjoyed B. found C. saved D. missed

( )**3**. A. attended B. watched C. bussed D. trained

( )**4**. A. driver B. adviser C. friend D. teacher

( )**5**. A. aimed at B. stuck with C. occurred to D. called on

( )**6**. A. Initially B. Consequently C. Apparently D. Ultimately

( )**7**. A. success B. communication C. responsibility D. education

( )**8**. A. hesitated B. offered C. managed D. happened

( )**9**. A. suitable B. hopeful C. lucky D. easy

( )**10**. A. right B. drive C. chance D. freedom

Period Three　Lesson 2 Community Spirit

课内基础巩固

Ⅰ 单句填空(每小题 1.5 分,满分 12 分)

1. Had it not been for your timely assistance in giving me first aid, I fear that the _____(consequent) might have been more serious.
2. I am familiar with the works of those giants of literature, whose writings are taught in the schoolroom and spoken of in _____ (respect) tones.
3. Childhood memories came back to me so clearly. A bunch of us kids would _____ (frequent) drop into the grocery after school.
4. We booked a hotel for the hiking trip, and _____(additional) we checked the weather forecast for the next week.
5. This _____(impact) new theory provides solid guidance for scholars exploring natural rules and solving practical social problems that affect ordinary people's lives.
6. The play explores friendship, _____ (conditional) maternal love, and hope and despair.
7. When you come across such _____(fact) differences, do not rush to the conclusion that one of the news reports gives false information.
8. Living on campus for three years left me a bond _____ other boarders in the same dorm.

Ⅱ 短语填空(每小题 2 分,满分 10 分)

1. Some people prefer to go out for travelling _____(而不是) stay at home since it can increase their knowledge and broaden their horizons.
2. Last summer, many young plants in the desert _____(死于) drought because there was no rain for nearly two months.
3. Last weekend we _____ (参观) the city art gallery to appreciate classic paintings and learn about local artistic culture together.
4. It is accepted that everything may seem difficult at the beginning, but if you _____ _____(坚持,保持,继续下去) it, you can overcome it.
5. There are no borders for doctors, for patients or for anyone else _____ (牵涉,卷入) combating this terrible disease.

Ⅲ 句型训练(每小题 3 分,满分 6 分)

1. We should choose the books _____ _____ with knowledge, virtues and good interests.(定语从句)
我们应该选择在知识、美德和好的兴趣爱好方面对我们最有益的书。
2. He was tall and handsome with smooth hair and a deep voice, _____ _____.(让步状语从句)
他身材高大,相貌英俊,头发顺滑,嗓音低沉,可脸上的神情始终一成不变。

课后素养提升

Ⅳ 阅读理解(每小题2分,满分14分)

A [2025·北京东城高二期末]

Erik Ahlsten says firmly, "This is the best accommodation I've ever had." His friend and neighbour Manfred Bachrach is equally enthusiastic. "I really like this way of living," he says. "It's very much my cup of tea."

The two are referring to their new home, Sallbo, an experiment in multigenerational living in southern Sweden. Sallbo consists of 51 apartments spread over four floors of a retirement home. More than half of the 72 residents are in their 70s, like Ahlsten and Bachrach; the rest are aged 18-25. All were selected after an extensive interview process to ensure a mix of personalities, backgrounds and values,and all had to sign a contract promising to spend at least two hours a week socialising with their neighbours.

The project is organised by Helsingborgshem, a housing company, and results from an idea they had in 2016 due to concern about loneliness among older groups. Swedes are extremely independent—young people start living alone earlier than anywhere in Europe—a characteristic that continues into old age, with many elderly people choosing to remain in their own homes. Yet a sense of isolation (孤立) poses a real danger to health and remains common among retirees. "Our research showed that elderly people were feeling isolated from society and were very lonely in their everyday life. They were only mixing with others of the same age," says Dragana Curovic, the project manager of Sallbo.

The arrangement of Sallbo seems to be working for young and old. Ahlsten and Bachrach have been cooking dinners, doing repairs, and driving people around. In return, the younger residents help with modern technology and social media. "It's a real community, and the mix of people works very well," says Ahlsten. Since moving in, he's joined the gardening group, the Sunday night movie club and learnt to play card games. "The whole building is like a family," says Ali Soroush, a young man from Afghanistan. "There are parties all the time—every weekend it's someone's birthday or some celebration."

With loneliness on the rise and considered a genuine health risk, projects such as Sallbo are seen increasingly as a solution to isolation. "We hope people can have totally normal relationships between youngsters, the elderly and other people," says Curovic. "We want to enhance people's willingness to integrate, and it doesn't merely start with housing."

( )**1**. What can we learn about Sallbo?

A. Its residents have similar backgrounds.

B. Free accommodation is offered in Sallbo.

C. It's most Swedish retirees' residential choice.

D. Social communication is required of its residents.

( )**2**. What led to the project of Sallbo?

A. The worry over the loneliness problem among the elderly.

B. The profit from investing in housing the isolated people.

C. The hope to balance the relationship between young and old.

D. The traditional culture of individual independence in Sweden.

( )**3**. What does Ali Soroush think about Sallbo?

A. Contribution-valued.

B. Heart-warming.

C. Duty-balanced.

D. Cost-effective.

B ［2025·北京延庆高二期末］

If you want to convince the boss you deserve a pay rise or promotion, the solution could be simple—eat the same food as they do. Psychologists have discovered managers are much more likely to instantly trust us if we choose the same dishes as them.

During experiments, discussions over wages and work conditions were much more successful if both sides chose to snack on the same treats. And shoppers were much more likely to buy a product advertised on TV by someone eating a similar food to them at the time.

The reason is thought to be the so-called similarity attraction theory—where people tend to like others who have similar tastes or habits to themselves. But this is believed to be one of the first studies highlighting the role of food in this relationship. Researchers at Chicago University in the US conducted a series of experiments to examine food's role in earning trust.

In a test, participants were told to watch TV—where someone pretending to be a member of the public praised a certain product. The volunteers were given Kit Kat bars to nibble, while the TV people ate either a Kit Kat or grapes as they talked.

The results showed viewers were much more likely to express an interest in buying the product if the TV showed the other person eating a Kit Kat too. The researchers added, "Although similarity in food consumption is not a sign of whether two people will get along, we find consumers treat this as such. They feel more trusting of those who consume as they do. It means people can immediately begin to feel friendship and develop a bond, leading to smoother transactions from the start."

Harley Street psychologist Dr Lucy Atcheson said it was already known that wearing similar clothes could instantly create trust. But this was the first report to show that food had the same effect. She said, "This is really interesting. It makes sense as people feel they have common ground and can trust the other person. That means negotiations are more likely to be successful."

( )**4**. According to the passage, customers are likely to buy a product from a dealer who _____.

A. advertises his products on TV

B. has the same taste as them

C. reduces the price of his products

D. pays attention to the quality of his products

( )**5**. The experiments conducted by researchers at Chicago University show that _____.

A. food plays an important role in earning people's trust

B. bosses like employees that have the same taste as them

C. people who have similar tastes to their boss' earn more

D. people have less interest in buying products advertised on TV

( )**6**. What can be inferred from the passage?

A. People who eat similar food are more likely to trust each other.

B. People will get along with each other if they like to eat similar things.

C. The effect of wearing similar clothes hasn't been proved by researchers.

D. People are more likely to make friends with those wearing the same clothes as them.

( )**7**. Which of the following sayings can be an example of the similarity attraction theory?

A. Honesty is the best policy.

B. All good things come to an end.

C. Birds of a feather flock together.

D. Where there is a will, there is a way.

班级

姓名

题号 答题区

阅读理解

1

2

3

4

5

6

7

Period Four　Lesson 3 Anne of Green Gables （Reading）

课内基础巩固

Ⅰ 单词拼写（每小题1分，满分4分）

1. The coach _____（叹气）as he watched his team being overthrown by a last-minute goal from the opposing team inside the crowded stadium.
2. After I told Mum I failed the important exam, she patted my back and our close bond grew stronger as I _____（啜泣）in her warm arms.
3. His latest novel explores the complexities of human relationships, _____（揭露）the hidden emotions and motivations that drive the characters' actions.
4. Frightened of the noise in the night, the girl didn't d_____ to sleep in her room.

Ⅱ 单句填空（每小题1.5分，满分12分）

1. Officials believe the _____(adopt) of a greener development plan will be a step in the right direction.
2. My heart _____(freeze) in my chest as I saw the stray cat that frequently lingered outside our gate trapped under a heavy iron box.
3. The woman could _____(bare) utter any more words with her face burning with embarrassment.
4. To my great _____(amaze), he should remember me though we hadn't seen each other for over 20 years.
5. Afterwards, this young man proceeded _____(become) the world heavyweight champion in 1964, and later changed his name to the one we all know—Muhammad Ali.
6. A sociologist carried out an _____(investigate) to study citizens' attitudes towards public community services in urban and rural areas.
7. When she knew she wasn't chosen for the art competition, the young artist tore her work _____ despair.
8. As soon as he got to the office this morning, Jack dived _____ project files to meet the urgent deadline.

Ⅲ 短语填空（每小题2分，满分8分）

1. Trapped in the dense mist, I could do nothing but _____（突然哭起来），helpless and disappointed.
2. The teacher _____（朝……点头）the students as silent encouragement to urge them to take an active part in the class discussion.
3. As the audience applauded, the male performer _____（抬起头），filled with gratitude for the support and encouragement.
4. Friends came together to _____（为他送别）with a surprise party before he moved to another city.

Ⅳ 句型训练（每小题3分，满分6分）

1. She spoke about her travels _____ the globe, sharing vivid stories and unforgettable experiences.
   她谈论她的旅行，仿佛她已经走遍了世界的每一个角落，分享着生动的故事和难忘的经历。
2. I felt _____ in front of the large audience, even though I was well-prepared.
   尽管我准备充分，但我还是紧张得不敢在大量观众面前说话。

课后素养提升

Ⅴ 语法填空(每小题1.5分,满分15分)

[2024·北京第六十六中学高二月考]

A

Frederick Law Olmsted was born on April 26, 1822, and grew to become nineteenth-century America's number one landscape architect. To create a new park, Olmsted and his partners removed nearly 5 million cubic yards of dirt, 1. _____(blow) up rocks with 260 tons of gunpowder, and planted 270,000 trees and shrubs. 2. _____(work) well into his seventies, Olmsted designed more parks and even an entire Chicago suburb, Riverside. Despite the bad eyesight, Olmsted led 3. _____(he) to create such beautiful places.

B

4. _____ was needed was to make students aware of their learning process. On the surface, a class being taught by PEEL methods only differs from an ordinary class in being a little 5. _____(noisy), because more people are talking. But there are some meaningful changes. Students 6. _____(give) much more time to express their views, and teachers don't make immediate judgement. The students are allowed 7. _____(decide) what is done in class and their own ideas are always respected. This draws their attention to the actual learning process, and they become responsible for their own progress.

C

Lydia gave all the money to some charities which help the children 8. _____ parents are dead. She had worked there as a volunteer 9. _____ the past three years. "I first visited the orphanage (孤儿院) when I was seven, and I felt very sad by what I saw." However, some of her friends at university thought that maybe she 10. _____(make) the wrong decision. But she knew it was the right thing to do.

Ⅵ 阅读七选五(每小题2分,满分10分)

Human personalities are typically sorted into two categories: the introverted (内向的) and the extroverted. Introverts prefer quiet reflection, while extroverts lean towards lively interactions. These differing tendencies shape distinct behaviours, often causing misunderstandings. Thus, it is vital to understand them.

Introversion and extroversion are at opposite extremes, yet most people fall somewhere in between. 1. _____ For instance, people often become more introverted as they age, a shift driven by changes in motivation, energy levels, and lifestyle. Context also plays a crucial role. Someone who lacks regular social interaction might become outgoing in a new environment. 2. _____ Instead, recognize their dynamic personalities shaped by time and circumstance.

When a friend's behaviour unsettles you, first trace the root to their basic nature, which naturally shapes their everyday actions. An introvert may perceive a private question as impolite, while an extrovert might intend friendliness with it. 3. _____ In this way, a solid bond can be formed.

Since these character differences easily cause tensions, open dialogue becomes crucial when conflicts arise. 4. _____ And since this is a shared effort, you and your friend must both speak up. If you're more introverted, you

can request pauses to share your ideas; if your friend is more extroverted, he can focus on listening more, which fosters balanced interaction.

5. _____ Introverts do well in quiet reflection, offering others a sense of calm and ease. Extroverts, by contrast, shine with energy, lifting spirits and breaking the stillness. This is why we should embrace each friend with an admiring mindset. We must reject rigid labels, honour differences, and bridge gaps through respect.

A. Personality styles are never fixed.
B. The first step is to clearly voice your needs.
C. However, these conflicts can be worked out.
D. Such misunderstandings don't come from rudeness, just differences.
E. Given these differences, set aside judgement and respect these distinctions.
F. Every personality, whether introverted or extroverted, has remarkable strengths.
G. Therefore, avoid labeling friends simply as absolute "introverts" or "extroverts".

Ⅵ 完形填空(每小题1.5分,满分15分)

[2026·北京顺义牛栏山第一中学高二期末]

The Appalachian Trail is a footpath that passes through 14 states and all kinds of unpredictable weather. Though it sounded like anything but an easy journey, I still decided to take this __1__.

Walking miles day after day, I was completely __2__ because of the tough journey. My legs were aching, my body was hurting, and I was having that once-a-day feeling of __3__.

I was about to give up when I saw a bag of oranges that the locals hung on the tree and left for the passers-by. After surviving on tasteless energy bars for days, the taste of that fresh fruit was so amazing that it __4__ me going for days.

__5__, the worst part was still ahead. An unseasonal snowstorm hit northern Georgia. And I had to start early the next morning because I was so cold and needed to keep moving. The next stop was a shelter 20 miles away, and I decided that if the night was as __6__ as the last, I would end the journey.

Yet when I entered the shelter, my tiredness __7__. Someone had carried up two thick blankets—hiking seven miles from town to bring them. Relieved and full of __8__, I slept soundly for the first time in weeks.

All the small and unexpected acts of __9__ supported everyone along the journey. I would go on experiencing small acts of kindness that __10__ me and passing on my own.

( )**1**. A. approach B. change C. advice D. challenge
( )**2**. A. ashamed B. exhausted C. confused D. disappointed
( )**3**. A. quitting B. growing C. hiding D. waiting
( )**4**. A. stopped B. caught C. kept D. saw
( )**5**. A. Therefore B. However C. Meanwhile D. Moreover
( )**6**. A. noiseless B. lonely C. endless D. unbearable
( )**7**. A. set in B. held on C. wore off D. welled up
( )**8**. A. pride B. confidence C. curiosity D. gratitude
( )**9**. A. calmness B. courage C. generosity D. honesty
( )**10**. A. motivated B. protected C. reminded D. tested

Period Five　Grammar

课内基础巩固

Ⅰ 单句填空(每小题1.5分,满分15分)

1. Mobile phones are not allowed _____ _____(take) into the campus now according to the new regulations.
2. The elderly _____(care) for very well since they moved to the nursing home.
3. Thanks to the latest technology, this new kind of washing machine _____(operate) well now.
4. The commercial _____(create) by a talented team of advertisers and was broadcast on national television last weekend.
5. The extreme climate changes have done great harm to the country, which _____(state) in the article.
6. Additionally, more and more carbon dioxide _____(release) into the air at present, contributing to the severer global warming effects.
7. Many of his science fiction works _____ _____(publish) by the time he graduated from university.
8. After _____(show) the hidden path by the local villager, we started hiking towards the mountaintop.
9. While I was concentrating on photographing this amazing scene, I suddenly had a feeling that I _____(watch).
10. It was a bit embarrassing _____(mistake) for the grocery assistant by a customer who asked for help.

Ⅱ 语法+写作(被动语态)(每小题3分,满分9分)

1. With the intention of improving students' physical fitness and creating a sports atmosphere, a campaign "Sunshine Fun Run" _____ last week.
为了提高学生的身体健康水平,营造运动氛围,上周我校发起"阳光欢乐跑"活动。
2. _____ by the government so far in order to stop air pollution.
为了阻止空气污染,迄今为止政府已经采取了很多措施。
3. I sincerely appreciated _____ _____ the chance to enable me to participate in the complex project.
我衷心感谢给我这个机会,使我能够参与这个复杂的项目。

课后素养提升

Ⅲ 阅读理解(每小题2分,满分16分)

A [2026·北京第三十五中学高二期末]

In a mechanic's yard in northern Nigeria, as four guys work on the front wheel of a black business car, a skinny boy named Amir attentively looks on.

When Amir says he is 15, people laugh. But his boss, Ibrahim, a boyish fellow with a gentle smile, understands. He, too, was once a slight kid who looked young for his age, working in this same auto yard in Nigeria's second biggest city, Kano.

Amir's father, an electrician, had worried that his oldest son would end up unemployed—

either wandering the streets or even stealing. So he begged Ibrahim to take him on as an apprentice (学徒) after school.

The skinny boy reminds the mechanic of himself.

Ibrahim only started school at 10 and had to drop out of school at 18, without graduating, because his parents were too poor to pay. He tried tailoring (做裁缝) for two years, but it drove him crazy. In a city full of beggars and thousands of unemployed university graduates, joining a mechanic's yard felt like his last chance. Ibrahim moved to Kano and he became an apprentice there.

But the boss wasn't convinced he could handle the work. "I was skinny and I looked younger than my age," Ibrahim recalled. "He said, 'You can't be a mechanic.' I was really determined to prove him wrong."

The boss was not easily pleased. Anyone who was late or wasted time was beaten. The job was so tough that Ibrahim gave up and ran back home. But his mother urged him to try again, saying "The path to success isn't smooth. You'll face many difficulties. Whether you succeed depends on your determination and actions." He returned, learning to be a mechanic in seven years, before opening his own workshop. Later, he moved his business to the yard where he had begun working 12 years earlier.

Now, as a boss himself, though he sometimes is strict with his workers, he patiently teaches them how to fix cars. He buys them breakfast and lunch, and even when there's no work, he pays them their daily wages.

"I think I'm just lucky because I'm preparing for my future. Not every kid has an opportunity like this," Amir said. When Amir looks at his boss, his eyes shine with admiration. All he wants is to be just like him.

( )**1**. From the passage, we know that Amir _____.

A. is training for work

B. often wanders the streets

C. has dropped out of school

D. is an unemployed graduate

( )**2**. Why does Amir remind Ibrahim of himself?

A. They both tried tailoring for two years.

B. They both had parents who cared for them.

C. They both acted as part-time apprentices after school.

D. They both started to work in an auto yard at a young age.

( )**3**. What led Ibrahim to return to his job?

A. A good wage.

B. Amir's admiration.

C. His boss' support.

D. His mother's words.

( )**4**. According to the passage, which words would best describe Ibrahim?

A. Creative and reliable.

B. Strict and ambitious.

C. Determined and kind.

D. Outgoing and patient.

B [2025·中国人民大学附属中学高二统练]

Do we really know our best friends?

I like my close friends a lot, and yet, on an almost daily basis, they shocked me. I have a friend who thinks voting is a waste of time; I have another friend who never takes any arrangement to meet at a given time and place seriously.